



### Bentham Primary Group – Town Council Grant funding

Last year we were given funding to provide a circus skills workshop for the Bentham Primary Group.

We booked a lady who runs PoppinsPresents as she has worked with SELFA before through Pioneer Projects. The session was run as a morning session on August 21<sup>st</sup> 2024.

The Bentham Primary group are very active and thrive within physical activity. A circus skills workshop is a chance for children and young people to explore new activities and learn new skills in a safe supportive environment.

The children thoroughly enjoyed the workshop, they got the opportunity to spin plates, Hula hoop, juggle and explore other weird and wonderful pieces of equipment. There were elements of working together as a team alongside a chance for personal growth. They gained a great sense of achievement when they completed a skill especially if they found it tricky at first, they couldn't wait to share their success with the staff and their peers. It pushed the children and young people to excel and made them want to do more. A really beneficial session!

Poppy was very supportive, she was a calming influence giving the group the tools they needed to succeed within the activity, she was able to provide 1-1 time along with specific knowledge whilst making it a lot of fun.

'I'm trying to spin two plates at once, I've already done one'

'Look I've finally done it'

SELFA would really appreciate any further support you can offer, providing new experiences for children and young people is invaluable.