

### Bentham Age Concern Thursday Lunch Club (formerly the Friday Lunch Club)

Our weekly lunch club provides a 2 course lunch for the older members of Bentham, with about 30 people attending each week at the Golf Course. After lunch, we have guest speakers, singers, drummers, quizzes and many other activities. It's a safe and warm place for people who may encounter loneliness to meet up. In addition, we organise day trips for our members on our 14 seater minibus which are always thoroughly enjoyed.